

Club Risk Assessment for Volleyball Training and Matches

Indoor / outdoor training, matches and other club activities risk assessment.

HAZARD	PERSONS AFFECTED e.g. Members of the Public, Workforce etc.	RISK			CONTROL MEASURES	RESIDUAL RISK		
		L	S	R		L	S	R
Failure to Implement the Control Measures below	Employees at venue Coaches Players Public	3	4	12	<ul style="list-style-type: none"> The Club and all Coaches are to be registered with Volleyball England. Coaches are responsible for the implementation of this risk assessment during sessions that they coach. This risk assessment will be available to all club members and a copy will be available at all club activities. A summary will be made to all players as part of the annual player induction pack. All club members must agree to follow the Volleyball England Codes of Conduct. This will be included in the updated club presentation. This risk assessment will be shared with all club members and a summary presentation will be prepared (to include the relevant actions to be taken within this risk assessment, requirement of the venue and the COVID-19 Code of Behaviour). Club members must then clearly confirm their intention to take part in club activities in full knowledge of the risks and associated controls. Where appropriate (i.e. for club members who are under-18) their parents must also give their consent to take part. The Club will take steps to ensure that the venue selected meets its health and safety obligations. This risk assessment will be shared with that venue in advance of any activity and additional requirements of the venue must be communicated to the club for inclusion in any induction material. Officials will have powers to sanction/expel players or bench personnel for serious breaches of health and safety. Serious breaches of health and safety controls may result in action being taken against club members, which can include expulsion from club activities. 	2	4	8
People: Inappropriate Behaviour (including but not limited to)	Players Coaches Officials Spectators Other sports centre users	3	4	12	All Coaches within the club are qualified through from L1 to L3. Club head coach ensures that all coaches manage the group specifically with the intention of building a community feel to the club. The club has a welfare policy in place and a welfare officer as part of the committee.	2	4	8

<ul style="list-style-type: none"> - Pushing - Poor conduct - Swearing - Misuse of equipment - Bullying - Inappropriate physical contact - Fighting <p>Inappropriate Coaching</p> <p>Age Appropriate / Injury Prevention</p>					<p>All coaches and committee will have a current and valid Enhanced DBS check to ensure that compliance with NGB and site policy to safeguard all junior players as well as all coaches and committee.</p> <p>Lead coach to deal with any poor behaviour with other coaching team members to support with the final decision around maintaining participation coming from the lead coaches. As with above all coaches will be qualified and go through relevant training to ensure all knowledge is up to date and applicable to the sessions</p> <p>All coaches will deliver sessions appropriate to age, ability and gender. This is completed by the coaching being split into squads to protect all players. Junior players will only be advanced when their bodies are capable of handling the increase training intensity and their knowledge and skills are applicable, this will be on overarching decision from the CHC.</p> <p>All coaches will control game time for players and will maintain contact with players to ensure they are fit to play, if there is any suspicion that they are not fit the lead coach will have that discussion with the player.</p> <p>Players with health conditions including those who are pregnant, should seek medical advice before taking part in club activities.</p> <p>All coaches are to be qualified first aiders and be available to treat injuries. First Aid kit is available and checked periodically.</p>			
<p>Collisions/slips trips/falls</p> <p>Playing Surface</p> <p>Unsafe playing area</p>	<p>Players</p> <p>Coaches</p> <p>Officials</p> <p>Spectators</p> <p>Other sports centre users</p>	3	4	12	<p>All lead coaches will take regular risk assessments of activity to ensure they are correct and suitable for the age and ability of players. Any hazard identified must be reported to Club Head Coach and the site team immediately and this area of the hall will no longer be used for the session. All spare kit, playing kit, bags, coats etc will be safely stored at the side of the hall away from the playing area. Coaches to ensure that this is followed.</p> <p>All Spectators to be 3m from the court (where possible) to avoid collisions.</p> <p>During matches Bottles will be held in the bottle holders behind benches and the 'floor' towel will be accessible for the second referee to ensure the playing surface is suitable at all times. Post protectors are strapped to the post to protect any player who may come into contact with them.</p> <p>As above all coaches and players must report any unsafe area of the halls surface to ensure the safety of all players. Any damage must be reported immediately to site staff and Club Head Coach</p> <p>Officials to support this with 'floor' towel to mop up any fluid on the court.</p>	2	4	8

Balls	Players Coaches Officials Spectators Other sports centre users	3	3	9	Over or under inflated balls can result in injury as can ball that have panels missing or are damaged. All flat or damaged balls must be reported to the Club Head Coach asap in order for it to be rectified or pulled out of the kit bags.	2	2	4
Match Net/Posts Manual Handling	Players Coaches Officials Spectators Other sports centre users	3	3	9	The match net should only be ever erected by those players, volunteers and coaches that have seen how this is done by the lead coaches. To ensure everyone's safety lead coaches early in the season will walk those who have not do this before through the process to ensure that the equipment is moved, set up, tested and took down correctly to avoid injury to a person or damage to the equipment. All club members will be instructed how to carry items and how the use of more people can support them while doing so. All club members should remove heavy jewellery, non-stud earrings before playing.	2	3	6
Emergency procedure	Players Coaches Officials Spectators Other sports centre users	3	4	12	During the event of an emergency there are sufficient points of evacuation from the hall directly out of the building as well as the main entrance. All players, spectators, volunteers and members of the public will gather at assembly point, Lead coaches will manage the evacuation and a roll call can be made (using the list on Spond if required) and inform emergency services of anyone that is missing.	2	3	6
Food Safety (at NVL matches and social events)	Players Coaches Officials Spectators Other sports centre users	3	4	12	Any food provided must be prepared in accordance with relevant guidance: https://www.food.gov.uk/safety-hygiene/providing-food-at-community-and-charity-events	2	4	8
Outdoor Activities	Players Coaches Officials Spectators Other sports centre users	3	4	12	As above (where applicable) and additionally: <ul style="list-style-type: none"> • Court location to be checked for debris, dirt, holes and other obstacles which could present a hazard to players. • Activities are cancelled in extremes of weather, i.e. during high winds, wet weather (including when the ground is wet and may present a slip hazard). • Activities are scheduled outside of 12-2pm to avoid strongest sun. • Players are reminded of appropriate sun safety measures including wearing appropriate clothing, use of sun cream, wearing of hats and sunglasses, seeking shade (particularly when not playing) and consumption of plenty of water. • It is unlikely that changing or other welfare facilities, are available. All participants are made aware of this in advance of the activity. 	2	4	8
Social Activities	Players Coaches Officials Spectators	3	4	12	Any third-party venue is considered by the Event Organiser for appropriateness and accessibility.	2	4	8

	Other sports centre users				Event Organisers considers the location of venues for social activities to reduce travel (to avoid temptation of driving after consumption of alcohol). Club members are expected to behave appropriately. Any inappropriate behaviour will be addressed by the Club Committee as appropriate.			
COVID-19	Players Coaches Officials Spectators Other sports centre users	3	4	12	<p>A study conducted by Volleyball England found that a volleyball player is typically both face-to-face and within one meter of another player for less than one minutes per set, which typically last between 20 and 25 minutes. As a maximum of five sets are played during a match, our research revealed that in most cases players could spend around five minutes face-to-face within one metre of other players during a match.</p> <p>In addition to all UK government, Volleyball England and venue mandated protocols in force at the time the following club mandated control measures will be implemented to reduce the spread of COVID-19:</p> <ul style="list-style-type: none"> • Anyone who feels unwell should not attend training or matches. Feeling unwell includes, but is not limited to, the current list of symptoms of COVID-19 advised by the UK government. https://www.gov.uk/coronavirus • Anyone who tests positive for COVID-19 should not attend training or matches and should follow the applicable government advice on isolation. https://www.gov.uk/coronavirus <ul style="list-style-type: none"> ○ In addition to government requirements the club requires that the individual should not attend training or matches for at least 8 days following the onset of symptoms or date of the positive test. Or at least 5 days have passed since the onset of symptoms or date of the initial positive test and a negative COVID-19 test taken no earlier than day 5. ○ The individual should inform the club of the positive test result at the earliest opportunity. • The club recommends as good practice the regular washing and/or sanitisation of hands prior to, during and after volleyball activities. <p>Any person considered as vulnerable of greater risk should consult their doctor prior attending any training or matches as either a player, coach or supporter including family members.</p> <p>Should a club member become unwell with recognised COVID-19 symptoms during a club training session, match or event the following should be implemented:</p> <ul style="list-style-type: none"> • Ensure head coach is informed. • Avoid touching anything. • Cough or sneeze into a tissue and put in a bin, or if they do not have tissues, cough and sneeze into crook of their elbow. 	2	4	8

					<ul style="list-style-type: none"> They must then follow the relevant government and club advice regarding self-isolation. <p>Like any other Health and Safety breach serious breaches of COVID-19 controls may result in action being taken against club members, which can include expulsion from club activities.</p>			
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ALL MEMBERS (COMMITTEE, COACHES AND PLAYERS) MUST READ AND COMPLY WITH THIS RISK ASSESSMENT.

Risk Rating = Likelihood (L) x Severity (S)			HAZARD SEVERITY (S)				
			1	2	3	4	5
			Negligible No absence from work	Slight Minor injury/illness	Moderate Injury or illness absence from work	High Single person suffering serious injury or illness & long-term absence from work	Very High Multiple persons suffering serious injury or illness & long-term absence from work
LIKELIHOOD (L)	1	Very Unlikely	LOW	LOW	LOW	LOW	LOW
	2	Unlikely	LOW	LOW	LOW	MEDIUM	MEDIUM
	3	Possible	LOW	LOW	MEDIUM	HIGH	HIGH
	4	Likely	LOW	MEDIUM	HIGH	HIGH	HIGH
	5	Very likely	LOW	MEDIUM	HIGH	HIGH	HIGH

LOW RISK (Score 1-6)	Acceptable
MEDIUM RISK (Score 8-10)	Task should only proceed with control measures
HIGH RISK (Score 12-25)	Task must not proceed . Evaluate and reduce risk.